



7.1.1

GENDER EQUITY

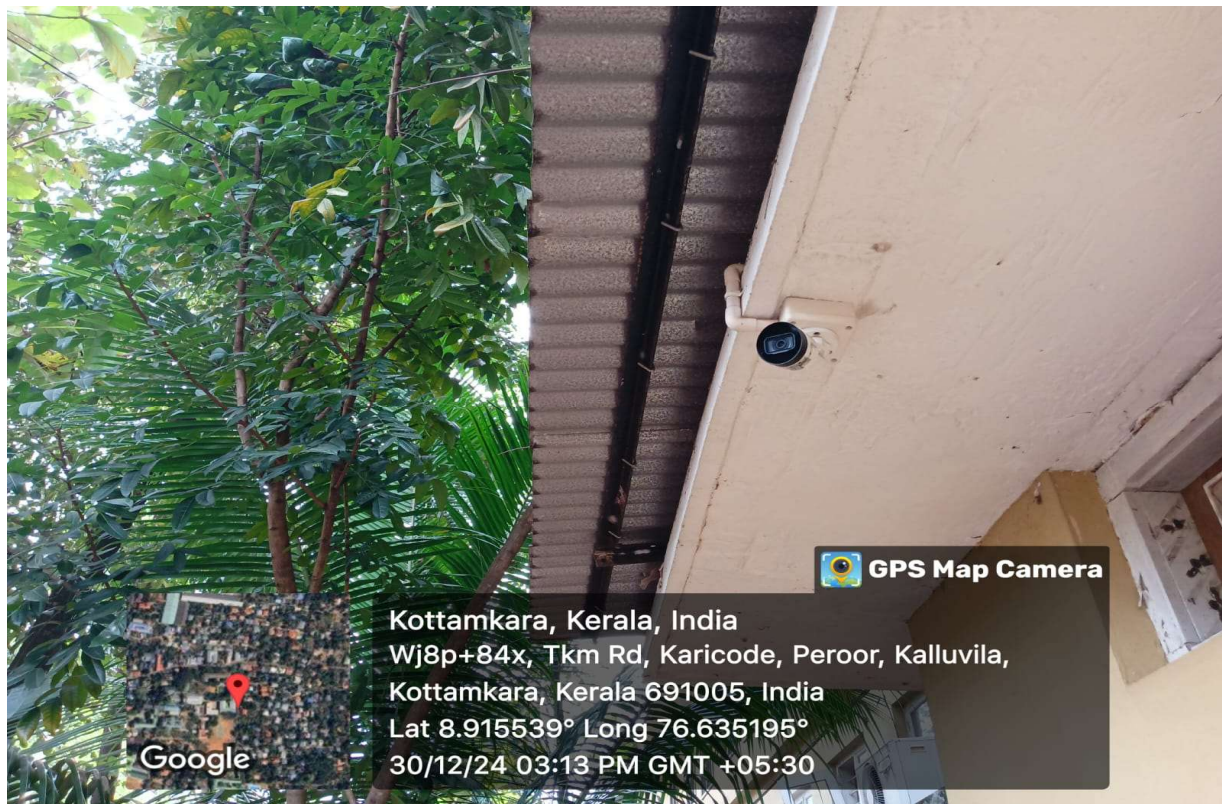
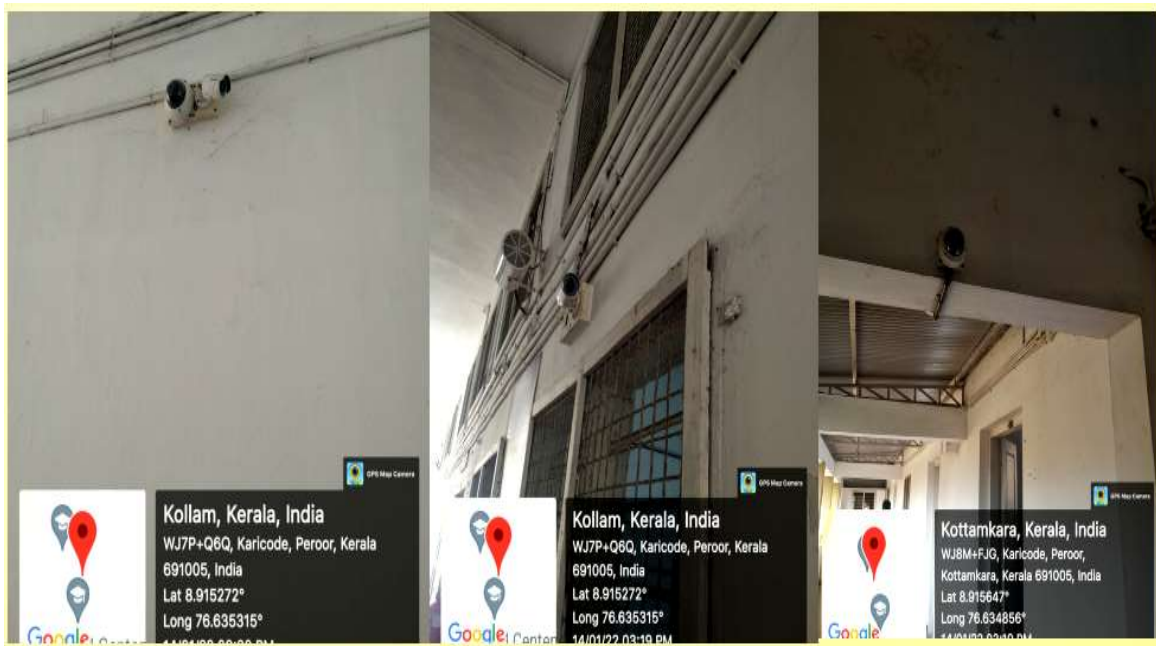
A. SAFETY AND SECURITY

The following amenities facilitate the safety and security of women inside campus.

- a) **Security guards:** There are two entry gates to the Institution. The service of the security guards is available 24 hours. Entries are permitted only after checking the ID proofs.



b) Surveillance cameras: There are 33 surveillance cameras installed in the campus for the security of students



c) Fire extinguishers: Installed in every floor of the institution for the safety.



d) Sign boards and maps: This helps to identify the rules and regulations and also the exact position of classrooms and amenities for a new female student.

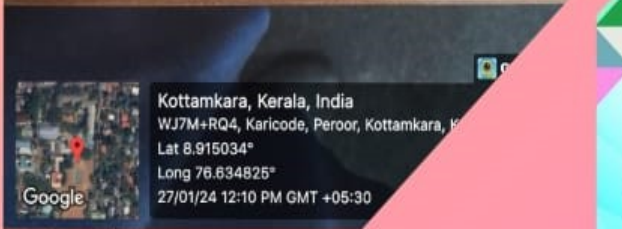







e)Activities: Awareness programmes, orientation programmes, skill development programmes and training programming are conducted for women empowerment.

The Women's Study Unit of TKM College of Arts and Science, in collaboration with Dream Zone School of Creative Studies and Pidilite Industries, has organized a variety of orientation, training, and skill enhancement workshops. These workshops cover a wide range of crafts and skills including Aari embroidery work, flower making using organza cloth, socks cloth and fancy paper, bottle art, painting with watercolors, oil, acrylic, fabric, glass, and on plates, as well as various types of embroidery such as hand embroidery, applique work, beadwork, sequins, glass and stonework. Additionally, the workshops include muffler making, crochet work, macrame work, papercraft, cross-stitch, long stitch, and tailoring. These initiatives aim to support and empower women by enhancing their skills.




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TKM COLLEGE OF ARTS & SCIENCE
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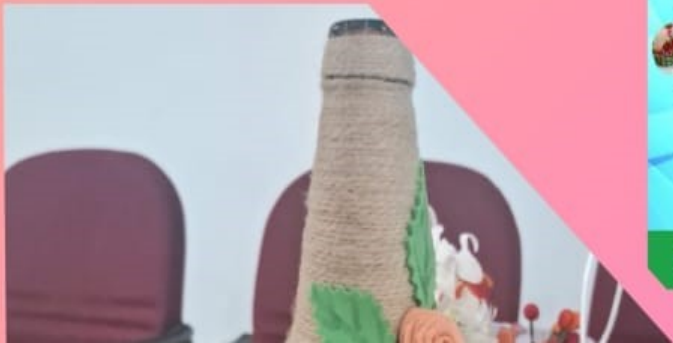
Women's Study Unit
IN ASSOCIATION WITH
DEPARTMENT OF ZOOLOGY AND ENVIRONMENTAL CLUB

**WORKSHOP ON
ECO-FRIENDLY CRAFTS**



Resource Person
Dr.K. Nejmi
Former Associate Professor and HOD
Department of Zoology
TKM College of Arts and Science

27th January 2024
10.00 am- 12.30 pm



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at 8.914
76.6



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T.K.M. COLLEGE OF ARTS & SCIENCE
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Women's Study Unit
IN ASSOCIATION WITH
Department of Zoology and Environmental Club

ECO FRIENDLY CRAFT MAKING

TRAINING SESSION - I

Resource Person
Dr.K.Nejmi
Associate Professor and BOD - (HOD),
Department of Zoology,
(Former Co-ordinator of Women's Study Unit)
TKM College of Arts and Science

03 February 2024
10 am - 12.30 pm





T.K.M COLLEGE OF ARTS & SCIENCE

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Women's Study Unit

IN ASSOCIATION WITH

Department of Zoology and Environmental Club

ECO FRIENDLY CRAFT MAKING

TRAINING SESSION - 2

Resource Person

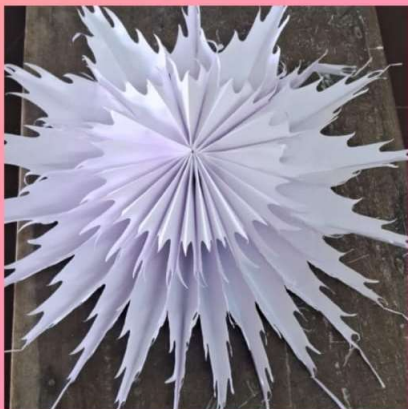
Dr.K.Nejmi

Associate Professor and HOD (Retd),
Department of Zoology,
(Former Co-ordinator of Women's Study Unit)
TKM College of Arts and Science

24 February 2024

10 am - 1.00 pm





B. COUNSELLING

JEEVANI CENTRE FOR STUDENT WELL-BEING

- Jeevani – a preventive and promotional Mental Health and wellbeing has started in our college on January 1. The objective of Project Jeevani is to improve awareness and promote mental health along with ensuring early identification of psychological issues among students. As a part of this Jeevani conducted programmes for creating awareness about Mental Health and provided counselling for students having psychological issues.
- *JEEVANI SITE: <https://www.governmentcollegeattungal.in/index.php/studentcorner/jeevani>*
- **JEEVANI COMMITTEE MEMBERS** College level Jeevani Committee consisting of chairman (Principal- Dr Chithra Gopinath) Jeevani coordinator (Dr Rohini krishna M V, Assistant Professor, Department of Zoology), and Mental health Professional (Jija Mol J, Psychology Apprentice). • **JEEVANI COUNSELLING ROOM** The counselling room is spacious and consists of one chair (for counsellor), two chair (for clients) and one table

JEEVANI SERVICES

As part of the programme the services offering to the students are

1. Counseling for students having psychological issues.
2. Conducting of programmes for creating awareness about mental health.
3. Early detection of student's problems.
4. Development of Social Skills among students.
5. Development of life skills among students.
6. Development of mental health.
7. Individual and group counseling sessions.
8. Psychological education to both students and parents.

The Jeevani Centre for Student Well-being, under the Jeevani College Mental Health Awareness Programme by the Directorate of Collegiate Education, Government of Kerala, is vital in ensuring the overall mental health and well-being of students. Mental health is a critical aspect of student life, impacting their academic performance, social interactions, and personal growth. By providing essential services such as counseling, early detection of psychological issues, and skill development programs, the Jeevani Centre plays a significant role in creating a supportive and nurturing environment for students. This comprehensive approach helps students develop resilience, cope with stress, and lead a balanced and fulfilling life.

C. COMMON ROOMS

a) Ladies waiting room: A ladies waiting room, with toilets, and wash area, Napkin Incinerator

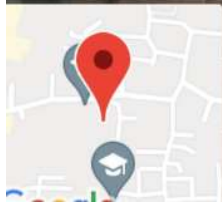
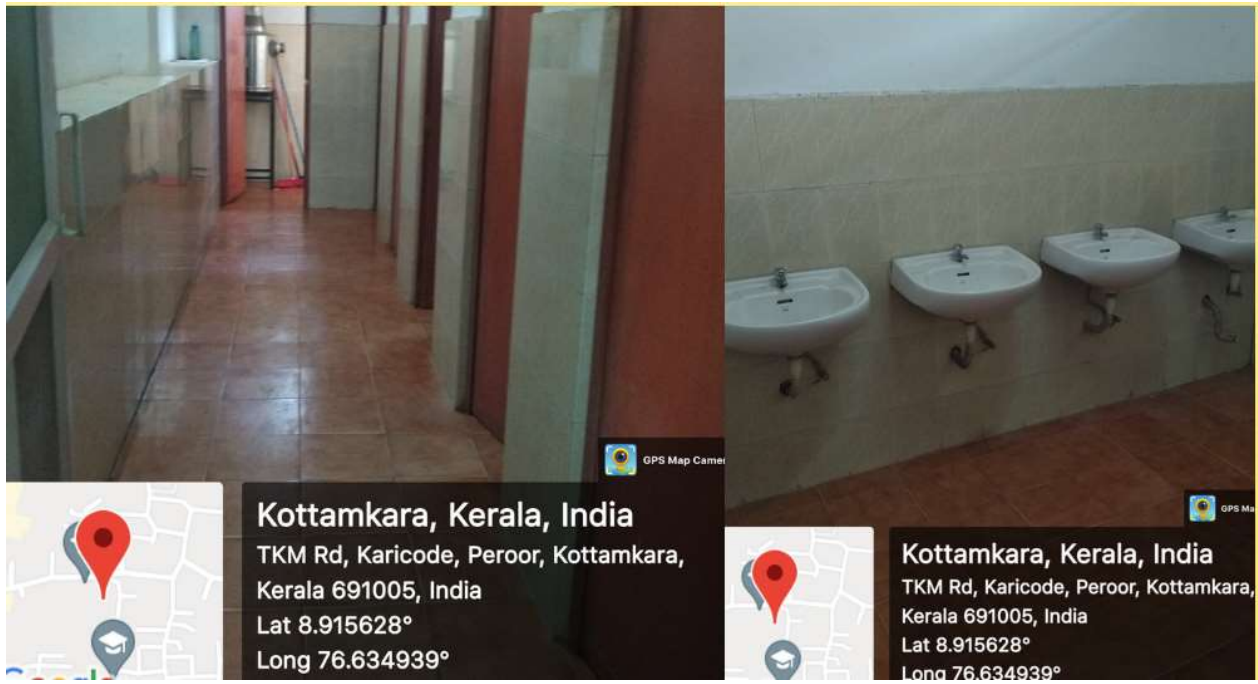


Napkin Incinerator

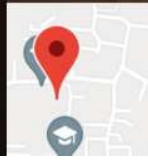


Google

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691005, India
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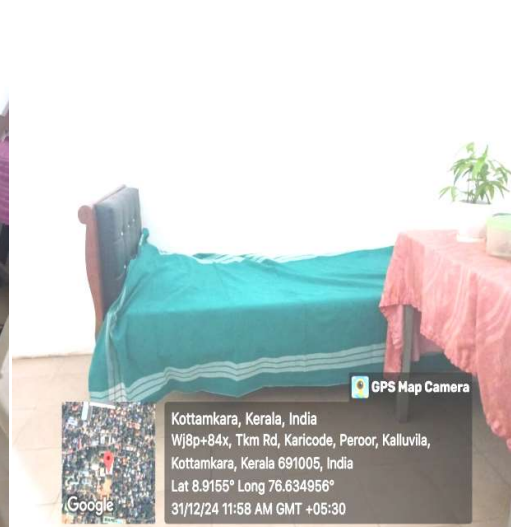
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b) Sick Room : A sick room is near principals room for students and staffs






c) **Canteen** : A canteen which provide all the necessary refreshments inside the campus





 GPS Map Camera



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d)Gymnasium



e) Counseling room



B16

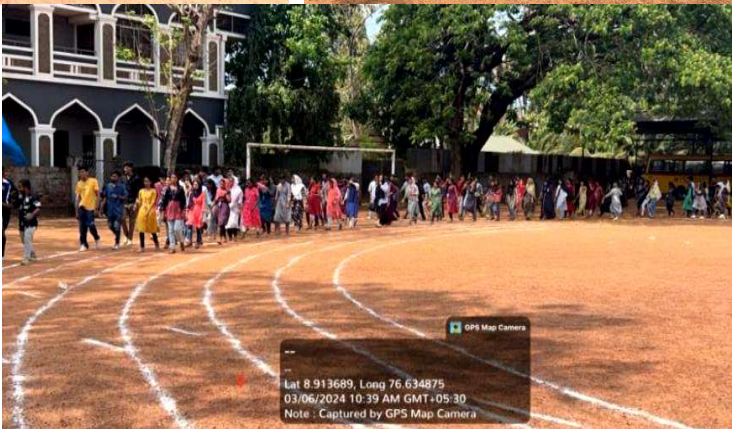
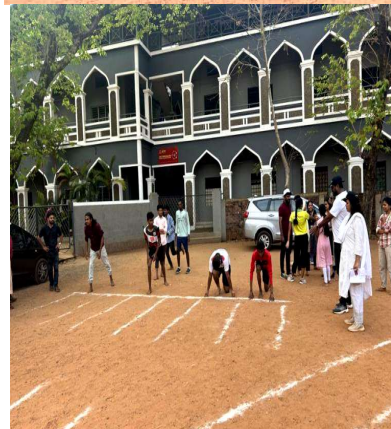
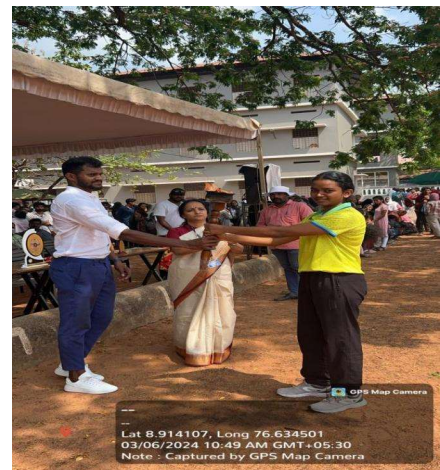
**Grievance Redressal Cell
Counselling Centre**

TUTORIAL SYSTEM OFFICE

COUNSELLING ROOM

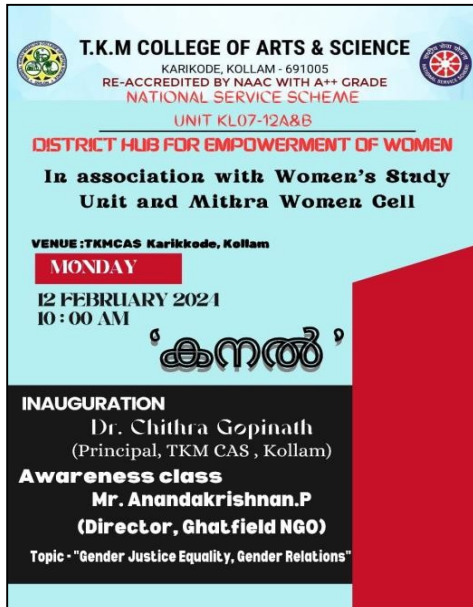


f) Equal opportunities for girl students in sports activities



g) 'KANAL' an awareness class on the topic "Gender Justice Equality, Gender Relations

'KANAL' an awareness class on the topic "Gender Justice Equality, Gender Relations" was organised by the District Hub For Empowerment Of Women in association with the Women's Study Unit and Mithra Women Cell of TKM College of Arts and Science on 12th of February in the college auditorium. The session was organized to address prevalent gender biases and stereotypes, fostering an environment of mutual respect and understanding.



T.K.M COLLEGE OF ARTS & SCIENCE
KARIKODE, KOLLAM - 691005
RE-ACCREDITED BY NAAC WITH A++ GRADE
NATIONAL SERVICE SCHEME
UNIT KL07-12A&B

DISTRICT HUB FOR EMPOWERMENT OF WOMEN
In association with Women's Study Unit and Mithra Women Cell

VENUE: TKMCAS Karikkode, Kollam
MONDAY
12 FEBRUARY 2021
10:00 AM

'കനൽ'

INAUGURATION
Dr. Chithra Gopinath
(Principal, TKM CAS, Kollam)

Awareness class
Mr. Anandkrishnan.P
(Director, Ghatfield NGO)

Topic - "Gender Justice Equality, Gender Relations"



promoting gender equality. Issues regarding gender equality and the necessity of equal justice for all genders were addressed succinctly. Above all, the core of the class, which was the difference between sex and gender was briefly conveyed to the audience. An activity which required the students to pen down their definition of gender was able to instill the concept among them. The audience also engaged in discussions about prevalent gender stereotypes and their impact on individuals and society. The intersection of gender with other social identities such as race, class and sexuality was explored to highlight the unique challenges faced by individuals who experience multiple forms of discrimination.

h) Yoga Training - One Day Workshop

The International Yoga Day was organized by the sports club in partnership with the NCC and NSS at TKM College of Arts and Science, Kollam. The event was characterized by enthusiastic participation from students, faculty, and distinguished guests from yoga and education, with the goal of showcasing the ancient practice of yoga and its comprehensive benefits for physical, mental, and spiritual well-being.



i. Yoga for Vasudhaiva Kutumbakam June 21ST, 2023

On June 21st, 2023, in celebration of International Yoga Day, an inspiring event titled “Yoga for Vasudhaiva Kutumbakam” was organized at Kollam Beach for the NCC cadets. This yoga session, conducted by the Group Headquarters Thevally, focused on promoting peace, harmony, and the spirit of unity embodied in the concept of Vasudhaiva Kutumbakam. 20 cadets participated enthusiastically, performing various yoga asanas by the serene seaside. The session included breathing exercises, meditation, and postures designed to enhance physical fitness and mental well-being. The event aimed to inspire the cadets to embrace yoga as a way to foster both personal wellness and global harmony.





TKM COLLEGE OF ARTS AND SCIENCE
Department of English

Organizes

Yoga for Vasudhaiva Kutumbakam
June 21st, 2020