



7.1.11

**Commemorative Events**

To honour the victims of these tragedies and to raise awareness about the horrors of war, Hiroshima Day (August 6) and Nagasaki Day (August 9) are observed annually as reminders of the need for global peace.



National Service Scheme  
Unit No : KL 07 - 12 A&B

# HIROSHIMA-NAGASAKI Remembrance Day

Candle Light  
Ceremony

Rally : College - Karikode Bus Stop



TKAT COLLEGE OF ARTS & SCIENCE  
NATIONAL SERVICE SCHEME  
UNIT KL07-12A&B

Kottamkara, Kerala, India  
WJ8M+4GW, Karikode, Peroor, Kottamkara, Kerala 691005, India  
Lat 8.915446°  
Long 76.634183°  
09/08/23 11:13 AM GMT +05:30

Kottamkara, Kerala, India  
WJ8M+FJG, Karikode, Peroor, Kottamkara, Ke  
at 8.915951°  
ong 76.634146°  
9/08/23 11:23 AM GMT +05:30



# NATIONAL SERVICE SCHEME



UNIT NO :KL 07-12 A &B | TKMCAS



The flag hoisting by our principal, Dr. Chitra Gopinath

**In commemoration of World First Aid Day, our NSS unit organized an awareness program on September 15th. The session was conducted by Dr. Abdul Rafeeqe T.C., Assistant Professor in the Department of Physical Education and Program Officer of the NSS unit.**



**T.K.M College of Arts & Science**  
Karicod, Kollam - 691005  
Re-accredited by NAAC with A++ grade  
**NATIONAL SERVICE SCHEME**  
Unit No: KL 07-12 A & B

**Awareness TALK BY**  
**DR. ABDUL RAFAQE T.C.**  
Assistant Professor  
Department Of Physical Education

Venue: Seminar Hall  
Time: 3.00pm

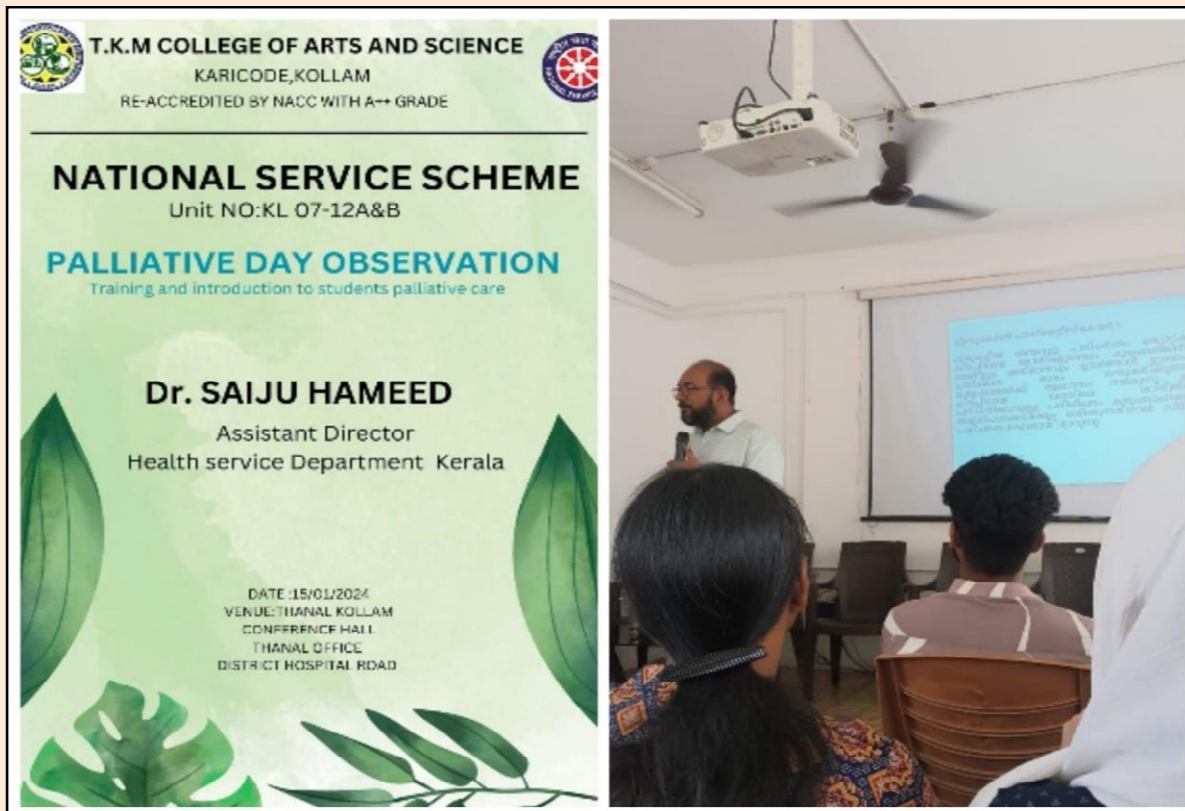
**WORLD  
FIRST AID DAY**




## Kerala Blind Federation –Service volunteering



## Palliative Day observance



The Department of Biochemistry and the Health Club of T.K.M. College of Arts and Science jointly organized an awareness talk to commemorate World Hepatitis Day on 2nd August 2023.




**T.K.M. COLLEGE OF ARTS AND SCIENCE**  
KOLLAM - 691005  
(Re-accredited by NAAC with "A++" Grade)

**DEPARTMENT OF BIOCHEMISTRY & HEALTH CLUB**

**POSTER COMPETITION**

**WORLD HEPATITIS DAY - 2023**

**Theme**



**07-08-2023**

**10.00 - 11.00 am**

**College Auditorium**

**WORLD HEPATITIS DAY**

**CASH PRIZES & CERTIFICATES**

**REGISTRATION Free**

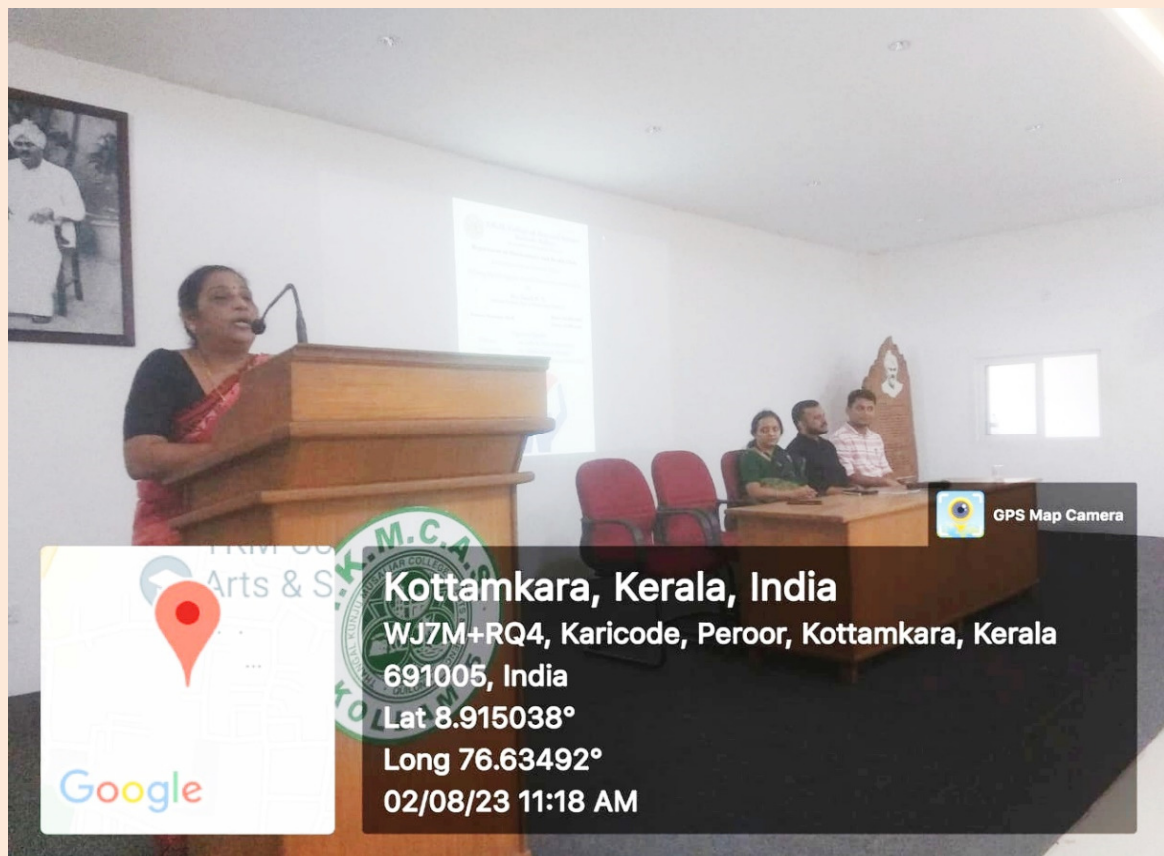
**FOR MORE DETAILS CONTACT:**  
Dr. Ansil P.N.  
Asst. Prof. in Biochemistry  
9495794967

Dr. Riyas Y  
Health Club Coordinator  
9057969285

**Guidelines for Participants**

- Get your creative gears rolling for World Hepatitis Day!
- Express your artistic talent on A3, A2, or regular chart paper with the theme 'One Life, One Liver'.
- Let your imagination soar as you use pencil, crayon, watercolor, oil paint, or any other medium for your masterpiece.
- Submit one entry only and stand a chance to win exciting prizes!
- The judging criteria include creativity, presentation, and how well your posters align with the theme.
- Originality matters! Your poster should be entirely your own creation.
- Our esteemed jury's decision will be final.
- Eligibility: Open to high school, higher secondary, and college-level students.
- Display your posters at T.K.M. College of Arts and Science auditorium before **10.00 am on 07th August 2023 (Monday)**.
- During the poster evaluation, the presenter should be available.
- Cash prizes and certificates await the top three winners!
- Don't miss this opportunity to showcase your talent and create awareness about World Hepatitis Day!

www.tkmcas.ac.in E-mail: ansil@tkmcas.ac.in



The Department of Biochemistry and the Health Club of T.K.M. College of Arts and Science, Kollam, in association with KIMS Health Hospital, Kollam, organized a Poster Presentation Competition on November 13, 2023, as part of World Diabetes Day celebrations.





**T.K.M. COLLEGE OF ARTS & SCIENCE**  
KOLLAM, KERALA - 691 005  
Re-accredited by NAAC with "A++" Grade  
(Aided by Government of Kerala & Affiliated to University of Kerala)  
www.tkmcas.ac.in

Department of **Biochemistry and Health Club**  
In Association with  
**KIMSHEALTH Hospital, Kollam**



**Poster Presentation Competition**

Theme:  
**"From Prevention to Management: Conquering the Challenges of Diabetes"**

Date: 12th November, 2023 | Time: 9.30 a.m. | Venue: College Auditorium

Win Cash Prizes & Certificates

- First Prize : ₹ 1500
- Second Prize : ₹ 1000
- Third Prize : ₹ 500

Cash Prizes Sponsored by:  
**KIMSHealth, Kollam**  
Cash prizes and certificates will be distributed on November 14, 2023.

**FREE REGISTRATION**

Registration Link:  
<https://forms.gle/J9BG8osCuz2V66kWe9>



SCAN QR CODE FOR REGISTRATION



**Poster Presentation Competition**

Theme:  
**"From Prevention to Management: Conquering the Challenges of Diabetes"**

Date: 12th November, 2023 | Time: 9.30 a.m. | Venue: College Auditorium

**Guidelines for Participants**

- Get your creative gears rolling for World Diabetic Day!
- Eligibility: Open to high school, higher secondary, and college-level students.
- Size: Express your artistic talent on 70cm length and 55cm width chart paper.
- Theme: "From Prevention to Management: Conquering the Challenges of Diabetes".
- Acceptable tools for drawing/painting include pencil, crayon, watercolor, oil paint, etc.
- Please bring plain chart paper in any colour and in the specified measurements (70cm X 55cm).
- Registration begins at 9.30 a.m. on 13th November 2023 (Monday), followed by a dedicated 1 hour and 30 minutes for poster preparation.
- Posters should be created solely during the competition's designated time slot. Any pre-prepared charts or deviations in size will lead to disqualification.
- The completed posters must be displayed within the designated area of the T.K.M. College of Arts and Science auditorium before 11.15 a.m. on the same day.
- During the poster evaluation, the presenter should be available.
- Cash prizes and certificates await the top three winners!
- Don't miss this opportunity to unleash your creative flair, raise awareness about World Diabetes Day, and vie for the top spot in this exhilarating competition.
- Let your imagination take flight and make your mark!

**For More Details Contact:**

Dr. Ansil P. N.  
Assistant Professor of Biochemistry  
9495794967

Dr. Sumayya A.S., Ms. Soumya S.  
Health Club Coordinators  
9662933109

E-mail: ansil@tkmcas.ac.in





# T.K.M. COLLEGE OF ARTS & SCIENCE

KOLLAM, KERALA - 691 005

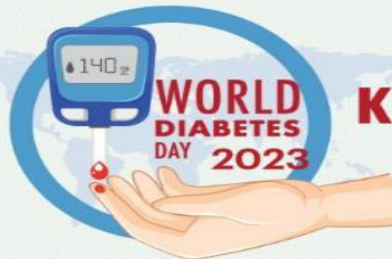
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(Aided by Government of Kerala & Affiliated to University of Kerala)  
[www.tkmcas.ac.in](http://www.tkmcas.ac.in)

Department of  
**Biochemistry and Health Club**

In Association with



**KIMSHEALTH** Hospital,  
Kollam



**'Diabetes:  
Know Your Risk,  
Know Your  
Response'**

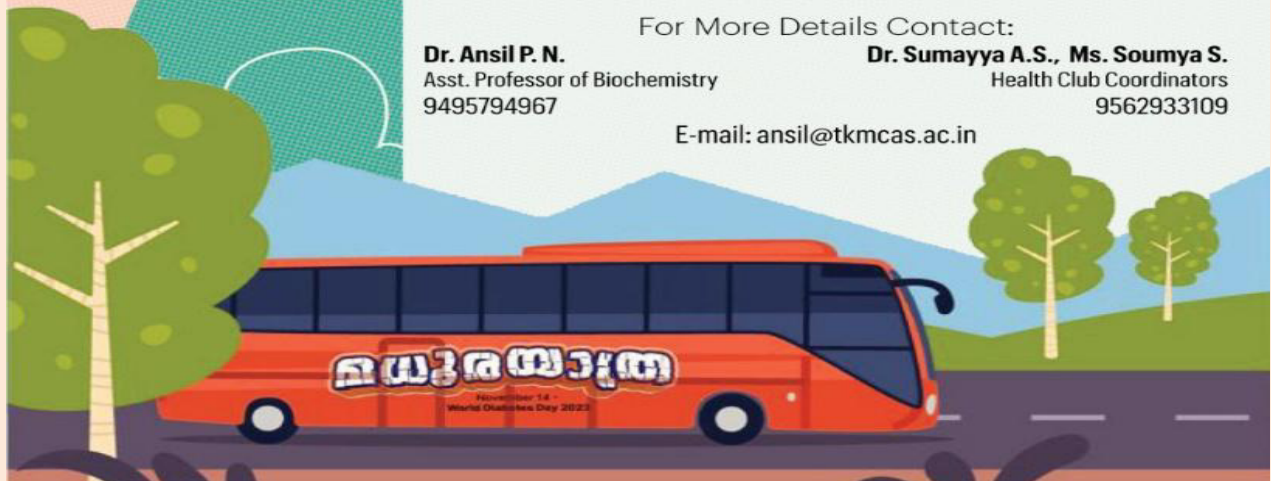
Free Diabetic Screening Clinic  
in KSRTC Low Floor Bus for Public  
**Welcoming the 'Sweet' Ride**  
at College Campus on 14th November, 2023 at 11:30 a.m.

For More Details Contact:

**Dr. Ansil P. N.**  
Asst. Professor of Biochemistry  
9495794967

**Dr. Sumayya A.S., Ms. Soumya S.**  
Health Club Coordinators  
9562933109

E-mail: [ansil@tkmcas.ac.in](mailto:ansil@tkmcas.ac.in)



**'Madhura Vandi' Diabetes Screening Bus**



**The International Human Rights Day celebration was held at TKM College of Arts and Science on 12th December 2023, aimed to raise an awareness among students and staff about the importance of human rights in today's world.**



Human Rights Forum and FDJS forum  
**T.K.M.College of Arts and Science, Kollam**

(Re-accredited by NAAC with A++ grade)

Jointly Organising

Poster Presentation on

**INTERNATIONAL  
HUMAN RIGHTS  
DAY**

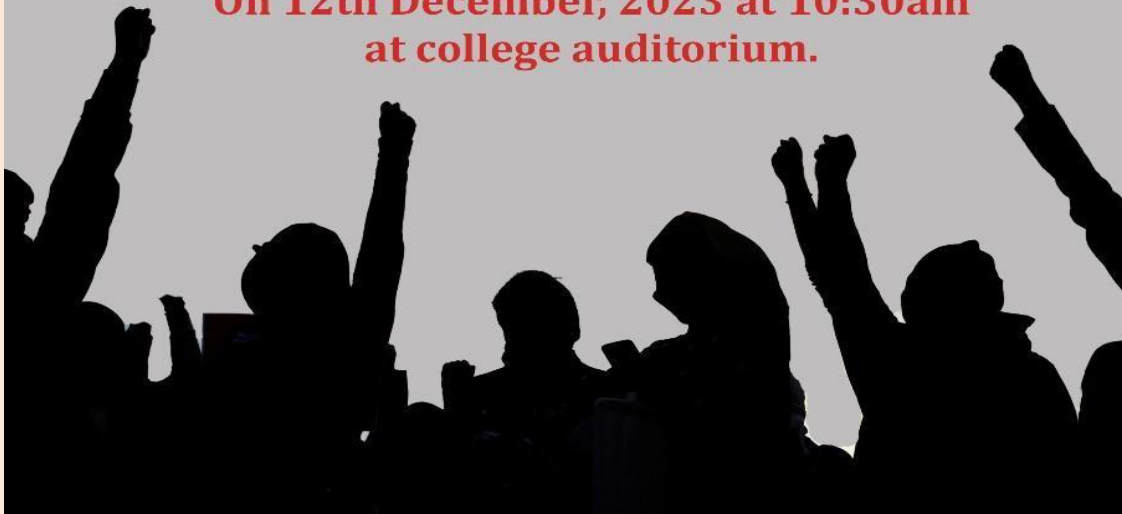
Inauguration by,

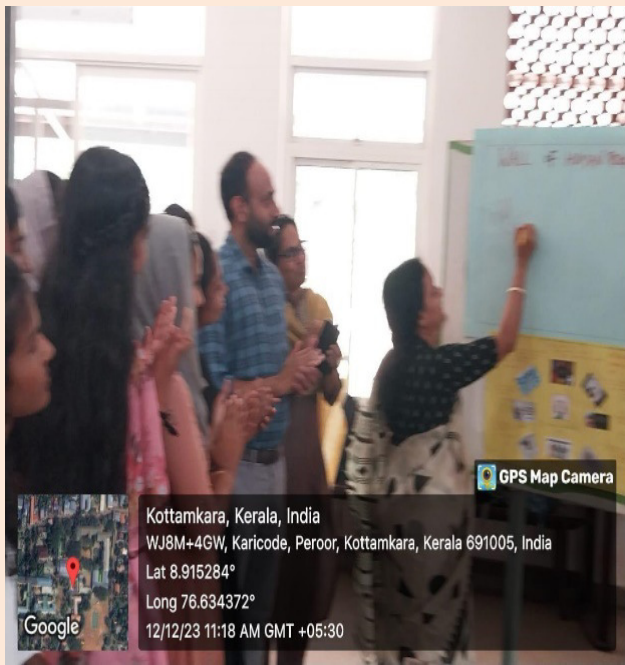
**Dr. Chithra Gopinath**

Principal

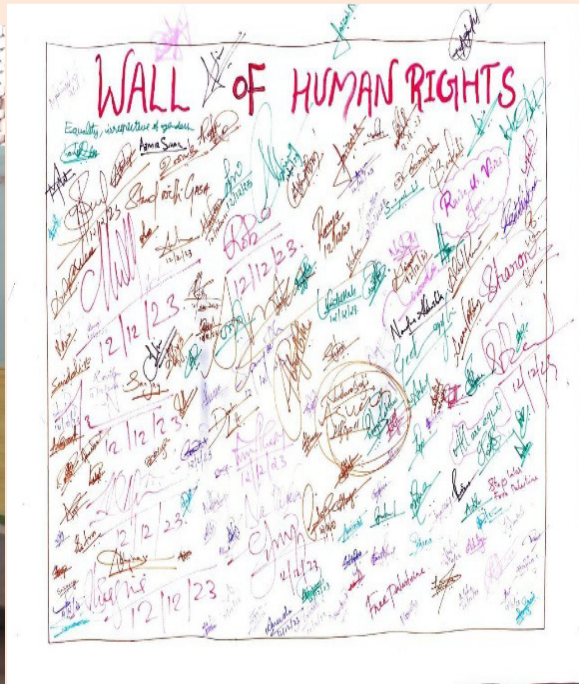
T.K.M.College of Arts and Science, Kollam

**On 12th December, 2023 at 10:30am  
at college auditorium.**





Kottamkara, Kerala, India  
WJ8M+4GW, Karicode, Peroor, Kottamkara, Kerala 691005, India  
Lat 8.915284°  
Long 76.634372°  
12/12/23 11:18 AM GMT +05:30



Kottamkara, Kerala, India  
WJ8M+4GW, Karicode, Peroor, Kottamkara, Kerala 691005, India  
Lat 8.915342°  
Long 76.634388°  
12/12/23 11:22 AM GMT +05:30



Kottamkara, Kerala, India  
WJ7M+RQ4, Karicode, Peroor, Kottamkara, Kerala 691005, India  
Lat 8.915057°  
Long 76.634952°  
12/12/23 09:56 AM GMT +05:30

Dept. Of Botany, TKM College of Arts and Science in association with Nature Club organized a seminar as part of World Environment Day Observance.

Organized By  
Nature Club, Sports Club and  
Department of Botany



Organizing Committee

- Dr.Chithra Gopinath (Principal)
- Smt.Jisha M.S (Co-ordinator)
- Dr.Sangeetha .P (Co-ordinator)
- Dr.Boby .T. Edwin (HOD,  
Dept. Of Botany)
- Dr.M.J Sheeba (Faculty,  
Dept. Of Botany)
- Dr.Sangeetha G (Faculty,  
Dept. Of Botany)

**Eco Friendly Bag  
Making and Distribution**

Say No to Plastic Bags

**08/06/2023**

...





**TKM COLLEGE OF ARTS & SCIENCE**  
KOLLAM  
**WORLD ENVIRONMENT DAY**  
**2023**


#BeatPlasticPollution




**"RESPECT NATURE & IT WILL  
SHOWER ON YOU FULL OF  
PURITY & GREENERY  
HAPPY ENVIRONMENT DAY"**

**Department of Botany & Nature club, TKM College of Arts and  
Science Observes World Environment Day**

Dr.Biju.C,  
Assistant Professor, Department of Botany,  
Sree Narayana College, Varkala  
State Resource Person, EMC, Govt. of Kerala



**Energy Efficiency and Conservation**



*Delivers a lecture on*

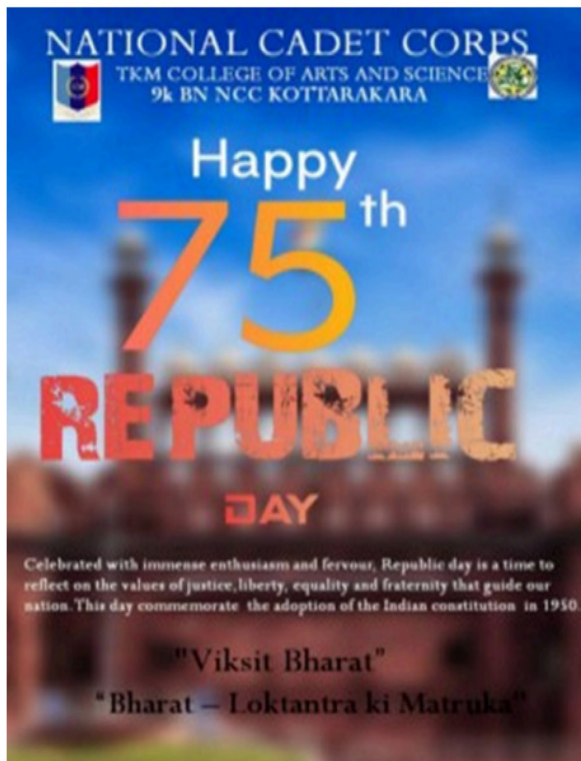
on  
**6th June 2023**  
at **2 PM**  
at the Seminar hall

06-Jun-2023 2:57:51 pm  
255° W  
Peroor  
Kottamkara  
Kerala  
Altitude:-43.5m  
Index number: 2

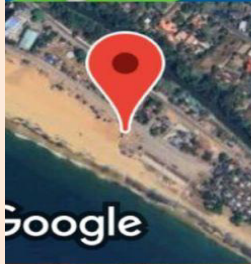




The principal hoisted the National Flag, following which the NCC cadets performed the National Salute



As part of the World Earth Hour Day activities, the NCC cadets created a poster highlighting



**Kollam, Kerala, India**

VHFV+9PP, Kollam Bypass, Pallithottam, Thamarakulam,

Kollam, Kerala 691006, India

Lat 8.873346°

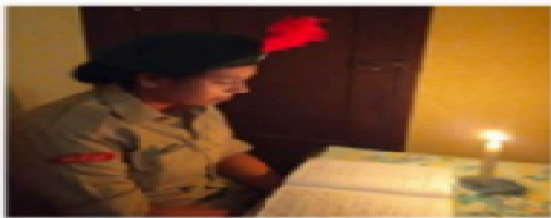
Long 76.593936°

21/06/23 08:22 AM GMT +05:30

**TKM COLLEGE OF ARTS AND SCIENCE**



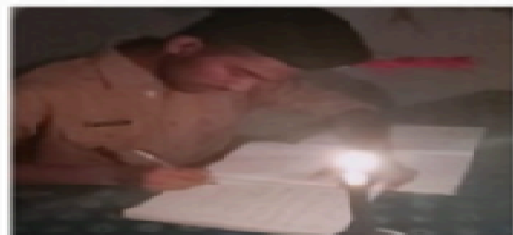
**9k bn NCC kottarakkara**



**'Switch off  
and give an  
hour for  
Earth'**

March 28, 2023

**"When you  
conserve  
earth.. You  
conserve Life  
"**



**International Yoga Day, an inspiring event titled “Yoga for Vasudhaiva Kutumbakam” was organized at Kollam Beach for the NCC cadets.**

On International Yoga Day, June 24, NCC cadets gave a yoga demonstration in the college auditorium to emphasize the importance of incorporating yoga into daily life.



 **TKM COLLEGE OF ARTS AND  
SCIENCE**   
9K BN NCC KOTTARAKARA



INTERNATIONAL  
*Yoga Day*  
— JUNE 21 —

**INTERNATIONAL YOGA DAY  
CELEBRATION 2024**

21 June 2024 ,Friday @ 10am, Venue : College Auditorium



On August 15th, 2023, the NCC cadets of the 3 Kerala Girls Battalion (SW) from TKM College of Arts and Science, Kollam, organized an awareness campaign titled "Nation First Always First."





Karicode Bus Stop, NH744, Karicode, Peroor, Kerala 691004, India

Latitude 8.9168799854815° Longitude 76.6326678916812°

Local 09:34:31 AM Altitude 30 meters  
GMT 04:04:31 AM Tuesday, 15.08.2023

In association with the Children's Day 2024, the 9k NCC unit of TKMCAS participated as volunteers in the marathon run conducted for children at the Ashramam Ground ,Kollam.



**കൊല്ലം ജില്ലാ ശിശുക്ഷേമ സമിതി**  
**സോൾസ് ഓഫ് കൊല്ലം റണ്ണേഴ്സ് ക്ലബ്ബ്**

**Childrens day**  
**KIDS**  
**RUN**

**November 10**  
**Sunday 6.30 Am**

**നീലാംബരി ഓപ്പൺ ഹൃദയർ ആഡിറ്റോറിയം**  
**ചിത്ത്വരൻസ് പാർക്കിംഗ് സമീപം,**  
**ആശ്രാമം കൊല്ലം**

**9074963129, 9447571111**  
**Registration**  
**FREE**

**കാലം, സർവ്വീസുകൾ**  
**ഡി.പി.എസ്.സി. വിതരണങ്ങൾ**  
**സമാനങ്ങൾ**

**DEATHLON**

**District Council For Child Welfare, Kollam**

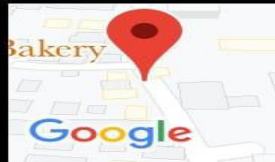
NCC cadets visited THANAL ,an old age home in Ellampalloor to spend time and understand the emotional state of the elders of our nation.



**TKM COLLEGE OF ARTS AND  
SCIENCE  
9K BATTALION NCC  
KOTTARAKARA**

**CELEBRATING THE  
76 th NCC DAY  
WITH  
THANAL OLD AGE  
HOME, ELAMPALLOOR**

**"Remember that the happiest people are  
not those getting more, but those giving  
more.."**



WJ8M+CH2, Karicode,  
Peroor, Kottamkara, Kerala  
691005, India

01 Aug 2023 09:36 AM

  
overcast  
clouds  
27.0 °C

**On October 2nd, 2023, to commemorate Gandhi Jayanti and promote a “Garbage-Free India,” the NCC cadets from the 3 Kerala Girls Battalion (SW) of TKM College of Arts and Science (TKMCAS), Kollam, organized a cleanliness drive at the Killikolloor Railway Station.**

**3K GIRLS BN NCC SW**  
**TKM COLLEGE OF ARTS & SCIENCE**

**SWACCHATA HI SEVA 2023**  
**GARBAGE FREE INDIA**



Venue : Kottamkara Railway Station  
2<sup>nd</sup> OCTOBER 2023

PRINCIPAL :  
Dr. Chithra Gopinath

NCC Coordinator:  
Captain Liby.K.S



Ozone Day, celebrated on September 21st each year, serves as a reminder of the need to protect the ozone layer.



**T.K.M COLLEGE OF ARTS AND SCIENCE**  
KARIKODE, KOLLAM - 691005



**National Service Scheme**  
Unit No : KL 07 - 12 A&B

Presents

# World Ozone Day

September 16

**PROGRAMS**

**Awareness Session by**  
**Aayisha A Kabir**  
**(NSS volunteer TKMGAS)**

**AND**  
**QUIZ COMPETITION**

**ON:**  
**SEPTEMBER 15**

**FROM:**  
**02:30 PM ONWARDS**

**VENUE:**  
**COLLEGE SEMINAR HALL**



15/09/23 03:59 PM GMT +05:30

Kerala Piravi Day Arangu - a cultural event was organised on 1 November 2023, The Kerala Piravi Day, in association with Performing Arts & Cultural Club and the Department of Malayalam. It was a culmination of traditional and modern cultural activities.



ടി. കെ. എം. കോളേജ് ഓഫ് ആർട്സ് ആൻഡ് സയൻസ്  
കൊല്ലം

# പിറവിയുത്സവ് 2023

2023 നവംബർ 8. 10 am  
കോളേജ് അഡ്മിറ്റോറിയം

കേരളീയം 2023 ന്റെ ഭാഗമായി  
കൊല്ലം ടി. കെ. എം. കോളേജ്  
ഓഫ് ആർട്സ് ആൻഡ് സയൻസിലെ  
വിദ്യാർത്ഥികൾ അവതരിപ്പിക്കുന്ന  
വിവിധ സാംസ്കാരിക കലാപരിപാടികൾ

*Super National*  
ICON OF INDIA

സംഘടിപ്പിക്കുന്നത് : കൾച്ചറൽ ക്ലബ്ബ് , പെർഫോമിങ്ങ് ആർട്സ് ക്ലബ്ബ് , മലയാളം ഭാഷ വിഭാഗം

**Mental Health Day- Poster exhibition by students from the Department of Zoology and Women's Study Unit, both served as potent instruments to emphasise the significance of mental well-being.**



**Invited lecture**



**Flash mob**



**Exhibition**

**International Women's Day featured a session led by Dr. Anu Unny, Assistant Professor from the Department of Political Science at Kerala University.**



