

Programme Report on ECO-FRIENDLY CRAFTS TRAINING SESSION-I

Type of Program: Workshop

Date: February 03, 2024

Venue & Time: WSU Room, TKM College of Arts and Science. Saturday 10.00 am- 1.00 pm

Organised by: Women's Study Unit in Association with the Department of Zoology and Environmental Club.

Funded by (if any): Women's Study Unit

Resource Persons: Associate Professor and Former HOD, Department of Zoology. Dr, K Nejmi

Program Objectives:

Development of creativity: Arts and crafts foster creativity and inventiveness.

Regular opportunities to work with tools, materials, and systems help build confidence.

Learning by doing: Crafts provide a practical way to apply newly acquired skills and knowledge.

Instilling pride and accomplishment: When students complete craft projects, they experience a sense of accomplishment.

About the Program:

The Women's Study Unit in Association with the Department of Zoology and Environmental Club, TKM College of Arts and Science conducted training session on Ecofriendly crafts. Dr, K Nejmi, who was also the co-ordinator of the Women's Study unit for thirteen years led the vibrant hands-on training workshop. Dr Jasin Rahman V.K, HOD, Department of Zoology and Programme Convenor and Dr Rohini Krishna M V (Assistant Professor, Department of Zoology, Coordinator of the Programme and Women's Study Unit and Dr Mumthas Y (Assistant Professor, Department of Zoology, Coordinator of the Programme and Environmental Club) also were present and gave necessary instructions during the classes. The students were divided into four groups and given introductory training on 4 types of crafts:

✓ **Long stitch:**

The long stitch is a series of straight stitches that interlock to fill in a larger shape. This embroidery fill stitch allows for a smooth transition of colours, giving the piece a blended effect. Students were given long stitch kits which contained fabric, matching threads and needles. They used these materials to partially complete the pattern

✓ **Muffler knitting:**

Students were given a wooden knitting loom and yarn. First, they were told to make a slipknot and adjust it to the first lower peg of the loom. The loom has to be wrapped around the two upper pegs in a counterclockwise direction, and then to the two lower pegs in a clockwise direction. Then the yarn has to be held down and the loops pushed on the pegs. The two clockwise and two counterclockwise patterns have to be repeated. Now the bottom loops have to be pulled over the upper loops. The remaining loops have to be pushed down. This has to be repeated.

✓ **Cross-stitch:**

Cross stitch is a form of stitching in which several related stitches in a thread are sewn in an x or + shape. Students were given matty fabric for Cross Stitch and all the students were given a piece of fabric to carry home and return after stitching a design with their name. They had to submit this after the completion of the Cross-stitch class.

✓ **Hand-embroidery:**

Hand embroidery consists of a series of small straight stitches done in a line, of this running stitch and backstitch were discussed.

The students who were practising the stitching patterns were allowed to take home half-stitched materials and submit them later on.

The outcome of the Program:

The show serves as a reminder that we may create a green and eco-friendly environment by creatively using a few talents and recyclable resources. Additionally, this activity assists students—particularly girls—in identifying a simple way to generate revenue.



T.K.M COLLEGE OF ARTS & SCIENCE

(Accredited by NAAC at A++ level)

Women's Study Unit

IN ASSOCIATION WITH

Department of Zoology and Environmental Club

ECO FRIENDLY CRAFT MAKING

TRAINING SESSION - I

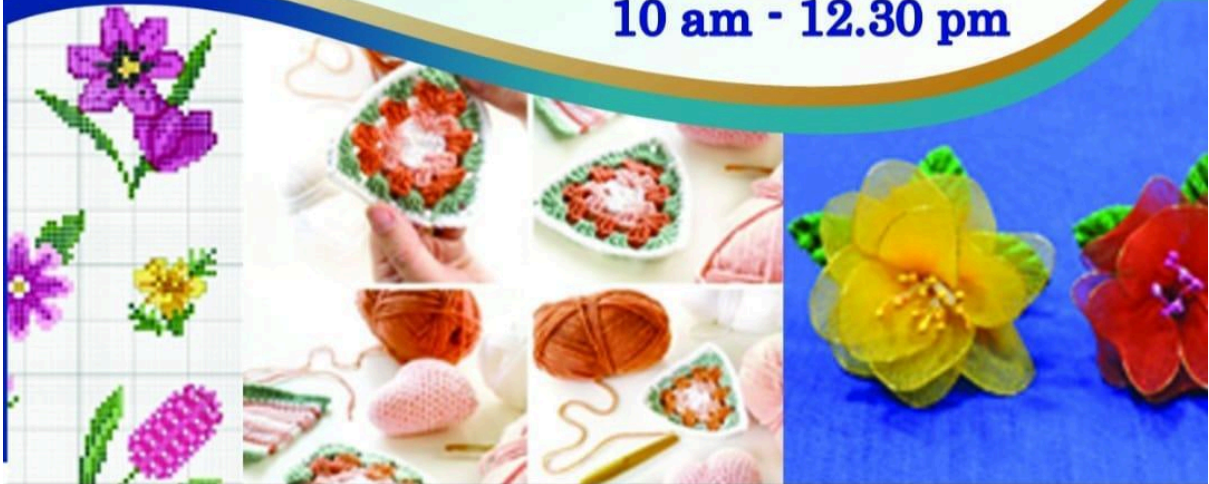
Resource Person

Dr.K.Nejmi

Associate Professor and HOD (Retd),
Department of Zoology,
(Former Co-ordinator of Women's Study Unit)
TKM College of Arts and Science

03 February 2024

10 am - 12.30 pm





Introduction



Longstitch



Muffler making



Cross stitch

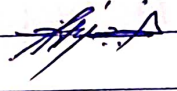


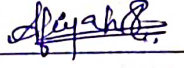



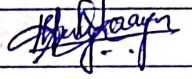
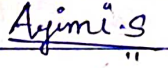
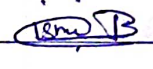
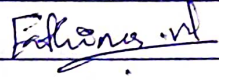
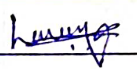
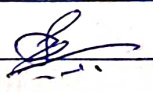
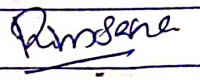






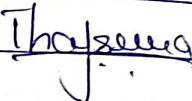
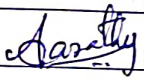
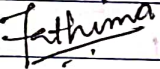
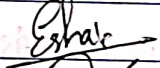
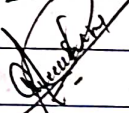

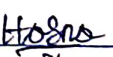
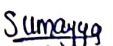
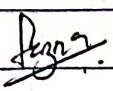
Hand- embroidery


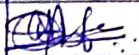


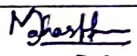


Preliminary cross stitch

8) WOMEN'S STUDY UNIT IN ASSOCIATION WITH DEPT. OF ZOOLOGY AND ENVIRONMENTAL CLUB - ECOFRIENDLY CRAFTS MAKING [TRAINING SESSION-1] - 03/02/2024 10.00am - 12.30pr

SL.NO	NAME	ADDRESS/DEPARTMENT	SIGNATURE
1.	Dr. Chithra Gopinath	Principal	
2.	Dr. K. Nejni	Resource Person, Former Associate Professor & HOD Dept. of Zoology	
3.	Dr. Jasin Rahman	HOD, Dept. of Zoology	
4.	Dr. Rohini Kaishna	Asst. Professor, Dept. of Zoology	
5.	Dr. Mumthas Y	" "	
6.	Remya Babu R	Lecturer, Dept. of Zoology	
7.	Afiya S	S3 - BSC Zoology (Women study unit)	
8.	Fathima bevi S	S3 - BSC Mathematics (Women Study unit)	
9.	Fousiya Fazal	S3 - BSC Mathematics (Women study unit)	
10	Rabiya S	S3 - BSC Zoology (Women study unit)	
11.	Athulya Narayanan	S3 - BSC Zoology (Women study unit)	
12.	Ajmi S	S3 BSC Zoology (Environmental club)	
13.	Bixmi SN	S3 BSC Zoology (Women study unit)	
14.	Fathima N	S3 Islamic History (Environmental club)	
15.	Karanya K	S3 Islamic History (Environmental club)	
16	Lekshmi M	S3 B-A English (Women study unit)	
17.	Rimseena shareef S	S3 BA English (Women study unit Environmental club)	

SL. NO	NAME	ADDRESS/ DEPARTMENT	SIGNATURE
18	Ashina .S	S3 B.com finance Women's study unit	
19.	Ajimi .N	S3 Bcom Finance (women's study unit)	
20	Moubiya Kavas	S3 B.com finance [Women's study unit]	
21	Ajimi .N	S3 Bcom CA (Women's study unit)	
22	Thajseera .A	"	
23.	Asathy, Remanan	"	
24.	Fathima Faisal	S3 - B.com finance (Environment club)	
25.	Esha Ayub	"	
26.	Aneena Shams.	"	
27.	Asha .S	S1 Bcom CA (Environment club)	
28	Hosna .S	S3 Islamic history (Environment club)	
29.	Sumayya .S	S3 BA English (Women's study unit)	
30.	FAZNA .M. NIYAS	S3 Bsc Physics (Women's study unit)	

SL. NO	NAME	ADDRESS / DEPARTMENT	SIGNATURE
31	Fadhima - A	B.Sc physics (Womens Study Unit)	
32	HYFA SHIHAB	BSc zoology S ₃ Women Study Unit	
33	Zainab Noorjahan Jabas	Bcom Finance S ₃ Women's study unit	
34	Rivana Vayarettiyadi Ravhal	Bcom CA S ₃ Women's study unit	
35	MAHASIN SABU	S ₃ BSC PHYSICS Women' Study Unit	
36	Fadhima .S	S ₃ BA English (women study unit)	