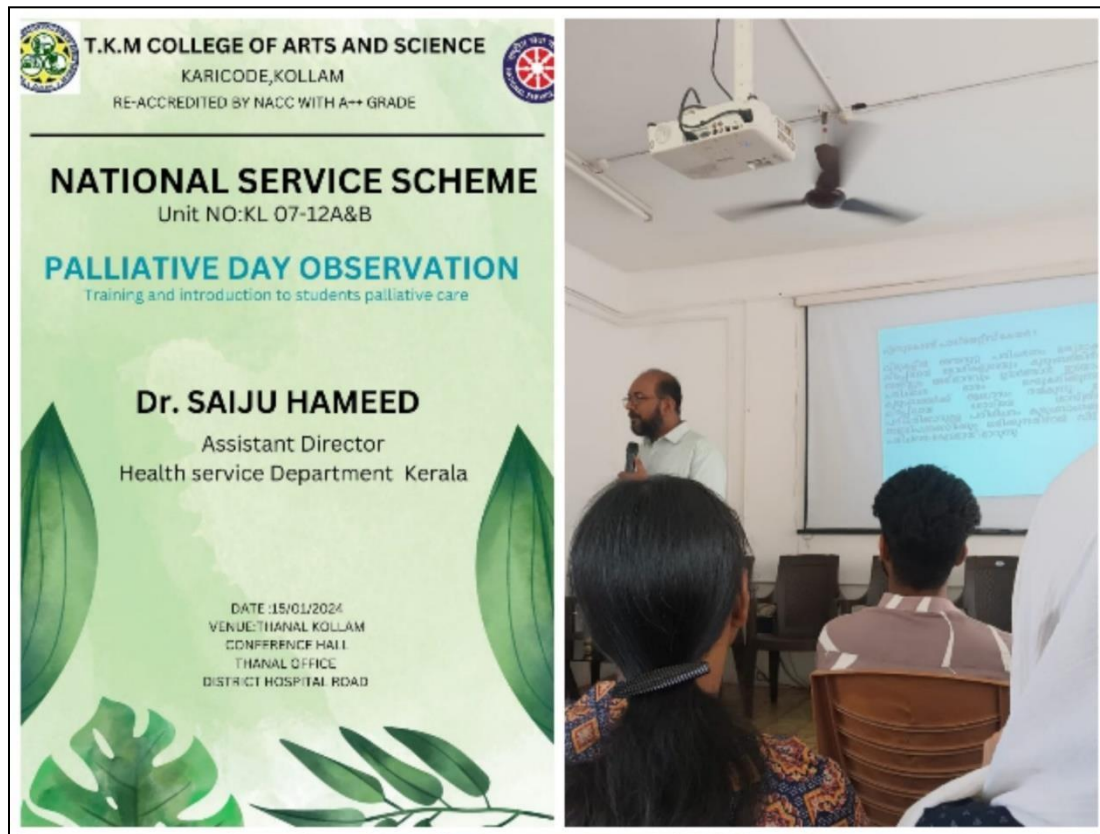


## Palliative Training Session

Date: 15 January 2024

Palliative care is always one of the major caring sector, which NSS always give more importance. For those people who are really in need of the help from others. They may be bedridden or may not be able to come out of home. So it is the people around them and volunteers like us who help them and make them feel normal. For making them comfortable and to take care of them we need proper training.



As part of the Palliative day observation, a Palliative training session was arranged in Thanal Kollam conference hall, which was led by Dr. Shaiju Hameed, Assistant director health service department, Kerala. The training started with an

official inauguration session at 10 am. After that the training session by the resource person started. He had mentioned about lot of anecdotes. Those were really touching. He had mentioned about the steps to be taken in taking care of the Palliative patients. Along with them the bystanders of them must be given same importance as they will be passing through a lot of mental struggles. What he concluded from the entire class is that we should be in reach for these people and instead of sympathizing them be ones with empty. After the session some of our volunteers shared their views.

It was decided to start the field training as fast as possible. It is needed to be able to get equipped completely to be in reach for helping such people.



17	Shajiba.S	B.S.C physics	<del>Sh</del>
27	fidho A Ahad	BSc chemistry	<del>Fidho</del>
37	Lincy mol	BSC chemistry	<del>Lincy</del>
41	vivek parakash	B.S.C chemistry	<del>Vivek</del>
57	Aqysha A Kabir	B.S.C physics	<del>Aqysha</del>
67	Riyas	B.S.C physics	<del>Riyas</del>
77	Fathima Mubarak	B.S.C Bio chemistry	<del>Fathima</del>
87	Vijina Reji	B.com	<del>Vijina</del>
97	Safiya.T	"	<del>Safiya</del>
107	Ashma shameem	B.S.C Biochemistry	<del>Ashma</del>
117	Hisana	B.S.C zoology	<del>Hisana</del>
127	Noora	B.S.C chemistry	<del>Noora</del>
137	Anita	Bio chemistry	<del>Anita</del>
147	Apasna	B.S.C chemistry	<del>Apasna</del>
157	Kannan.T	"	<del>Kannan</del>

16)	Adithyan .p	Adithyan
17)	Adheeba . M	Adheeba
18)	Ayyapadas	Ayyapadas
19)	Anandha Krishnam	Anandha
20)	Bilal	Bilal
21)	Akshay Kumar	Akshay k
22)	Sudish	Sudish
23)	Sneha	Sneha