

Palliative Training Program

Date: 18 November 2023

Palliative care has always been the major area of activity of NSS. Proper training always make us enable to act wisely and accurately in perfect time. Being a solace to someone by extending our hands to the one who needs it the most is the greatest divinity. Taking guidance from experienced one will always help us to flourish more and be perfect.



Our senior volunteer Adarsh Alex, who got an intensive training by participating in state level Palliative training camp. It was an online

training program which

was led by volunteer Adarsh. The meeting started at 10 am. The welcome speech was delivered by volunteer Ayyappadas. Later felicitation was rendered by Program officer Dr. Sulfiya Samad. Then Adarsh started the session. He had shared his experiences as well as the things to be taken care of while being active in the field of Palliative care. He had made detailed explanation by giving examples through case studies. That was really helpful to be more acquainted with real day to day things. Moreover, it was an interactive session so that we were able to take part actively and ask our doubts.

After the session vote of thanks was rendered by volunteer secretary Vivek Prakash

The session made us understand about the sector of Palliative care and the things to be aware of being inclusively involved in this field. By sharing his experience we were able to understand the challenges that we will be made to be faced in this area. By overcoming those challenges we will be able to stand ourselves strongly in any condition without any hardness. The important lesson we learned through this class is that being empathetic is the real definition of humanity.

18/11/2023

Palliative Training Programme.

Saturday

Online

10-am.

Palliative is one of the major fields of activity of ANSS unit. Visiting palliative patients, accomplishing their needs and being a helping hand for them really makes us a true volunteer. Volunteer Adarsh Alex, who was our senior volunteer and pioneer of palliative activities handled an online session on palliative care. He had spoken about his experiences and the real face of palliative care. Rather than being sympathetic, in the field of palliative care, empathy is the mostly required trait. Being in acquaintance with palliative patients and talking to them will definitely build up compassion and kindness in us. Volunteer Adarsh actually unveiled the true experience and incidents in front of us. It was a very useful session.

1.	Ayyappadas. P	S3 B.com Finance	Adarsh
2.	Sritha. M	S3 B.com Finance	Adarsh
3.	Pandeyar Sundarar	S3 B.com Finance	Adarsh
4.	Sudeesh. S.M. Pillai	S3 BA English	Adarsh
5.	Adithyan. P	S3 BSc Maths	Adarsh
6.	Fousramol. H	S3 BSc Maths	Adarsh
7.	Saranya. S	S3 BSc Maths	Saranya
8.	Shivanya. y	S3 BSc Zoology	Shivanya
9.	Naraseeba Geesana	" "	Naraseeba
10.	Adheeba. M	" "	Adheeba
11.	Vidya. B	S3 B.com Finance	Vidya
12.	Gokul Krishnan	S3 B.com. CA	Gokul
13.	Angel Alex	S3 B.com. CA	Angel Alex
14.	Ashra. S	S3 Biochemistry	Ashra

14. Fathima Mukarram	S ₃ Biochemistry	Fathima
15. Aameena . A	S ₃ Chemistry	Aameena . A
16. Noora Fathima	S ₃ "	Noora Fathima
17. Aswathy Lekshmi	"	Aswathy Lekshmi
18. Muhammad Shifas	S ₅ Bcom. CA	Muhammad Shifas
19. Nada Fathima T.K	S ₃ BSc physics	Nada Fathima T.K
20. Aisha Sana	S ₃ BA English	Aisha Sana
21. Krishna P.S.	S ₃ BA English.	Krishna P.S.
22. Namitha S. Pillai	S ₅ B.Sc Mathematics	Namitha S. Pillai
23. Shajiba S	S ₅ BSc. physics	Shajiba S
24. Aayisha A. Kabir	S ₅ BSc Physics	Aayisha A. Kabir
25. Aameena mol N	S ₃ BA English	Aameena mol N
26. Seeshma S Lal	S ₃ "	Seeshma S Lal
27. Fathima J	S ₃ "	Fathima J
28. Nazimudeen . A .	S ₃ BA Islamic history	Nazimudeen . A .
29. Fazilamol . S	S ₃ B-A English	Fazilamol . S
30. Hiba Raf	S ₃ BSc Physics	Hiba Raf