

Adopted Village Survey: Exploring Palliative Care Practice

Date: 29 July 2023

Uniform distribution among volunteers: Uniforms in a scheme or society promotes equality and unity, reducing social divisions and fostering a sense of community and enhances a sense of identity and belonging to a cluster reflecting communal values. The simplicity of uniforms aligns with minimalism and professionalism emphasizing the sense of responsibility and discipline among volunteers. Illuminating these values, a uniform distribution was conducted among the volunteers of our unit which intensified the sense of unity among the volunteers.



Following the distribution of uniforms, volunteers were strategically allocated into various teams. Subsequently, a comprehensive survey was conducted in the village of our adopted village, Kottamkara, focusing on the provision and effectiveness of palliative care. In certain villagers, there is a high level of awareness regarding the importance of palliative care. The residents place significant emphasis on the care of their elderly, demonstrating a serious commitment to their well-being which provides a clearer picture of the villagers understanding and approach towards palliative care.

Conversely, certain families lack awareness about the significance of palliative care. This lack of understanding, particularly in relation to mental and physical health, can lead to further complications. These issues could potentially be mitigated through targeted educational initiatives



A number of families shared their experiences about how they derive value from their familial bonds. These narratives not only enriched the experience of the volunteers but also served as a source of inspiration, encouraging us to continue our efforts.



Numerous respondents advocated for enhancements in societal healthcare. They proposed a variety of ideas, including cultural and recreational programs specifically designed for the elderly. These programs aim to facilitate the sharing of experiences and promote happiness among individuals of similar age groups.

Participating in the palliative care survey in the village was an enlightening and heartwarming experience for all volunteers. The villagers' approach towards us

was welcoming and respectful, which fostered a sense of mutual understanding. The happiness that radiated from the villagers, despite their circumstances, was truly inspiring. It served as a reminder of the true essence of the human spirit and the power of community support. The volunteers, drawn from diverse backgrounds, quickly formed a group, united by a common purpose. Friendships were forged in the face of shared experiences and challenges, adding a layer of personal enrichment to the professional endeavour. This journey was not just about conducting a survey; it was about human connection, shared learning, and the joy of making a difference.

“In the world of palliative care surveys, we’re like detectives with a heart. We’re not just uncovering facts, we’re uncovering feelings!”

Participants.			
1.	Al Ameen AS	Mind	edlechner
2.	Subair Sajabi	Mind	Subair
3.	Mohamed Najah	Mind	Mohamed
4.	Tijaz Hussein	Mind	Tijaz
5.	Laya Rajam	Mind	Laya
6.	Fathima S	Mind	Fathimas
7.	Aiswarya Ajikumar	BSc Zoology	Aiswarya
8.	Parvathy M.S	"	Parvathy
9.	Akhila S	"	Akhila
10)	Nakshathra R	B.Sc Biochemistry	Nakshathra
11)	Amritha R	" "	Amritha
12,	Subi S	BSc Biochemistry	Subi
1.	Hiba A.M	NSS	III rd year
2.	Saba Sherief	NSS	III rd year
3.	Aayisha A Kabir	"	"
4.	N.S. Lulu Fathima	"	III rd year
5.	Fathima M	"	III rd year
6.	Amina J	"	III rd year
7.	Fathima k	"	I st year
8.	Drisha Chandran	"	I st year
9.	Fathima Nazem	"	I st year
10.	Shahana S	"	I st year

11)	Khais. S	Eco Maths	I st year	
12)	Saidali. N	Eco maths	I st year	
13)	A-Mhd Faizal	Eco maths	I st year	
14)	Al-Jovan. N	Eco Maths	I st year	
15)	shahana. S	Eco maths	I st year	
16)	Shurag. N	Eco maths	I st year	
17)	Shinas. S	Eco Maths	I st Year	
18)	ASHIKA	ECO MATHS	I st year	
19)	Ahmad Shameen	ECO MATHS	I st year	
20)	Amal. S	BA Islamic History	III rd year	
21)	Abhinand. C. Y	B.A Islamic history	III rd year	
22)	Abdul Basith. A	BA Islamic history	III rd year	
23)	Syed obaidullah	BA Islamic history	3 rd year	
24)	Shahna. S	B.A Islamic History	III rd year	
25)	Fathima. N	B.A Islamic History	III rd year	
26)	Noufiya. N	B.A Islamic History	III year	
27)	Najya. I	BA. Islamic History	III rd year	
28)	Salma. S	BA. Islamic History	III rd year	
29)	Fathima. K	BA. Islamic History	III rd year	
30)	Jithila. R	BA Islamic History	III rd year	
31)	Aaya. R	BA Islamic History	3 rd year	
32)	Raveera	BA Islamic History	3 rd year.	
33)	Fathima. Y	BA Islamic History	III rd year	
34)	Geeshma. R	BA Islamic History	III rd year	
35)	Mubeena. M	BA Islamic History	3 rd year	
36)	Shamseena. S	BA Islamic History	3 rd year	
37)	Jazir Hussain. S	"	"	
38)	Arun. O	"	"	
39)	Muhammed. Al-Ameen. M	" NSS.	"	
40)	Akhil Koishnar. R	NSS.	"	
41)	Rashid	B.A Islamic history	"	
42)	Muhammed Hussain. F	B.A Islamic history	"	
43)	Amna. Nigaz	BA "	"	
44)	Ameena. S	" "	"	